## Multiple Myeloma Diagnosis and Referral Guide to the Saskatoon and North MG Clinic

Dear Colleagues,

We are pleased to share that the Saskatoon and North Monoclonal Gammopathies (MG) Clinic provides support for the early diagnosis of Myeloma and its precursor conditions, including MGUS and Smoldering Myeloma.

Monoclonal Gammopathies (MGs) are a group of blood cancers, with Myeloma the most common. This cancer is particularly challenging to detect in primary care due to non-specific symptoms, such as back and bone pain.

Please refer any suspected Myeloma or precursor conditions to MG Clinic, especially when **M-Protein** is detected in blood tests, as this is a key indicator of Myeloma.

We have prepared resources to support early diagnosis, including the "Think Myeloma Card", and "MG Referral Form and Pathway" all accessible through our Healthcare-Providers webpage: SaskCancer.ca/MGPathway

- Think Myeloma: A quick-reference guide to recognize key signs and symptoms, order essential tests, and access the MG Referral Form and Pathway as needed.
- MG Referral Form and Pathway: A two-page document—Page 1: Referral Form; Page 2: Referral Pathway
  flowchart guiding test orders, routine referrals, and urgent referrals based on red flags. In addition to the
  webpage, it is accessible via your office EMR (Accuro or MedAccess) by searching "Monoclonal
  Gammopathies (MG) Clinic Referral"
- **CME Modules:** *Multiple Myeloma: Primary Care Management and Referral Course* developed by Queen's University and Myeloma Canada.

We hope these resources supports you in identifying Myeloma earlier and improving patient outcomes.

Best regards,

Dr. Julie Stakiw, Malignant Hematologist Provincial lead of the Monoclonal Gammopathies Disease Site Group Saskatchewan Cancer Agency

Webpage for Healthcare-Providers
SaskCancer.ca/MGPathway



Webpage for Patients
SaskCancer.ca/MultipleMyeloma

