

Saskatoon Medical Aesthetics Collaboration

June 01, 2026

Attn: MD and NP providers of aesthetic services

Dear Colleague,

We are writing to invite you to consider joining a newly formed collaborative group for aesthetic medicine providers in Saskatoon.

A small group of local physicians and nurse practitioners recently met to discuss patient safety, complication management, and after-hours coverage within aesthetic practice. While serious complications such as vascular occlusions are rare, they do occur and require immediate recognition and treatment. As medical professionals, we believe it is essential to demonstrate—to both our patients and regulatory bodies—that aesthetic medicine is practiced with the same structure, accountability, and safety standards as any other area of medicine.

Currently, each provider has some form of individual coverage but many lack 24/7 coverage. These patients do not belong in urgent care or emergency rooms with care providers who are potentially not familiar with procedures and protocols for specific complications our patients may encounter. (An aesthetic provider may determine ER care is appropriate and should facilitate this for the patient.)

As independent health care providers, aesthetic practitioners require a more formal, structured system to ensure consistent backup when primary injectors are unavailable. To address this, we propose to establish:

- A **flexible weekly “second line” call schedule**, where primary providers continue managing their own patients but have designated backup availability when unavailable.
- A **shared Google Drive schedule** to track availability and changes.
- **Standardized protocols** for managing vascular occlusions, delayed onset nodules, and other complications.
- Exploration of a formal hospital connection with St. Paul's Hospital for after-hours aesthetic emergencies, with consideration of coordination pathways should patients present elsewhere, including Royal University Hospital.

As the group grows, the frequency of on-call responsibilities decreases for everyone, while strengthening safety and professional standards across the city.

We are reaching out to qualified physicians and nurse practitioners who provide aesthetic injections in Saskatoon and who are interested in participating. The goal is to build a collaborative

network of experienced medical injectors committed to responsible practice and timely complication management.

If you are interested in taking part in this collaboration, please email:

dr.s@midwestlasercentre.com

We believe this initiative will enhance patient safety, strengthen professional collaboration, and support the continued credibility of aesthetic medicine in our community.

We look forward to connecting with you.

Sincerely,

Sabrina Stewart

Dr. Sabrina Stewart MD FRCSC